

BWAISE COMMUNITY BASED REHABILITATION PROJECT

ADF QUARTERLY REPORT

GRANT NO. 1089 UGA

REPORTING PERIOD: JANUARY – MARCH 1998

REPORTED BY:

Maria Kangere
Director
COMBRA
P.O. Box 708
KAMPALA
UGANDA

Tel. 256-041-290803

1.0 INTRODUCTION

This quarter, which started with the new year, kicked off with workplans in place and members ready to start implementing project activities in Bwaise CBR project.

COMBRA staff had a two weeks Christmas holiday and were all fresh and ready for the new year programme as all systems had been put in place and the funds had been received from ADF Washington towards the end of the year.

On the other hand BDEA members were eagerly waiting for the revolving loan system to be developed by the newly recruited specialist. Many BDEA members were looking forward to starting an income generating activities for themselves and their families.

The Operational manual, which was developed by COMBRA during the last quarter, has proved to be a useful tool. It is fully guiding COMBRA and BDEA in implementing the project activities as scheduled. Even though activities moved swiftly, this reporting quarter was characterised with national activities which have affected community programme. For example, local council campaigns and subsequent elections were held throughout the reporting period and these disrupted some project activities.

The new election system in Uganda calls for community participation in election of local council leaders whereby the disabled are also represented. Some of the BDEA leaders have been involved in these elections and this has affected COMBRA's planned activities in Bwaise. As a result of the elections COMBRA is busy making contacts with the newly elected officials to brief them on our activities.

The preparations for the U.S President's visit to Uganda caused a lot of excitement and speculations in Bwaise. COMBRA projects were ear marked. Sadly up to the last minute we were eagerly waiting for President Clinton but alas this was not to be!

2.0 PROJECT ACTIVITIES

2.1 Construction of the Community Facility

An agreement between COMBRA and the building contractor was signed in this quarter. The construction workplan was completed. Construction commenced and the building is at window level. BDEA being aware that they are in partnership with COMBRA, they have participated in supervision of the construction and contribution of local building materials.

A building committee has been formed. It consists of four BDEA leaders and COMBRA staff in Bwaise. The committee holds site meetings weekly to discuss progress and areas that need to be rectified. The BDEA members are responsible for the storage of all building materials.

Considering the high water table in Bwaise, a lot of work was put in compacting murram to ensure that the building was raised one meter above the ground level. A special compressing machine was used to fully compact the murram.



Construction site with staff in the background

Interestingly, there was a heavy rain pour, which washed away concrete, which had just been poured. Emergency work had to be done to rectify the situation.

Once funds are readily available, the community facility will be completed by June 1998. The completion of the facility will ease work for Bwaise CBR project as all information concerning the project will be stored in one place unlike now when some files are kept at COMBRA headquarters while others are stored in the homes of BDEA leaders. This will ease coordination of regular meetings compared to the present situation where room is shared with other groups including the women's bank.

2.1 Community Mobilisation

With the full time staff and the CBR volunteers, regular community meetings are being held and member's attendance has increased. Two community meetings are held every week. The CBR volunteers work three days a week and are showing great enthusiasm towards work as they learn on the job.

During the reporting quarter, they have been involved in the following activities: -

- ◆ Client identification and assessment.
- ◆ Home visits
- ◆ On job training. Presently most activities are being done with a COMBRA staff closely supervising the volunteers. This close supervision of the volunteers will slowly be phased out as they master skills.

2.1.1 Volunteers training

During this quarter the CBR Volunteers had their first formal training at COMBRA headquarters. This course was coordinated by the Community Physiotherapist and assisted by the Field Officer, Credit Specialist, Appropriate Technology Trainer, Trainer Mental Disabilities and COMBRA Director.

Topics covered during the course included: -

- ◆ What is CBR?

During this session community participation was emphasised as a major point to consider in CBR practice and their role as CBR workers. The issues raised in previous evaluation and how the project can be improved within their own situation was discussed.

- ◆ Common disabilities in Bwaise were discussed including early identification of clients as follows;
 - Physical disabilities

Time was spent on causes, prevention and management of physical disabilities, as these are many within the Bwaise community. Special emphasis was put on explaining what is cerebral palsy as it is not easy to understand yet the majority of children's disabilities in Bwaise have cerebral palsy.

- Mental disabilities

During this session the CBR volunteers showed a lot of interest in being able to differentiate between mental illness and mental retardation. A lot of questions had to be answered to clarify these issues. COMBRA plans to take the volunteers to various institutions dealing in these fields so that they are able to learn further.



CBR volunteers training in the community

◆ *Aging*

Most of the CBR volunteers are very keen in taking care of the elderly as these are the majority among the clients and most demanding, as they are able to express their needs.

◆ *Appropriate technology*

This was an exciting session for them as they were learning special skills that will be handy in their community. COMBRA intends to give them 12 sessions in appropriate technology to enable them develop skills in production of assistive aids and toys so that when we phase out they are able to continue.

◆ *Inclusive Education*

This was a session attended by Bwaise CBR volunteers and as well as COMBRA staff as it covered the report of a workshop attended by the Director COMBRA on Inclusive Education in Agra India. In Uganda a system of integrating children with disabilities in normal schools has always been advocated for. There has always been inadequate sensitisation for the community, students and teachers before integrating these children to schools.

Inclusive education for children with disabilities will be brought forward and discussed within the community and in schools with teachers and students before getting these children to ordinary schools.

To this effect COMBRA plans to visit local schools in Bwaise to prepare an enabling environment for inclusive education for children with disabilities.

To ensure I education in Bwaise the CBR volunteers in Bwaise are expected to have fixed two children each to a local school in the area by the end of 1998.

This is not going to be an easy road but COMBRA is determined to take the challenge.

◆ *Management of income generating activities*

During our first CBR project, Volunteers were not deeply involved in IGA management. However, in preparation for the phasing out period by COMBRA, it was realised that COMBRA staff and volunteers needed adequate knowledge and skills in IGA management. This would enable them to assist the Bwaise clients to utilise the loans profitably so that they are able to follow up and assist in recovering loans. During the training, emphasis was put on revolving loan scheme skills and loan recovery.

◆ *Identification and assessment including filling forms*

To be effective in running the CBR project in Bwaise the CBR volunteers had to understand how to use the identification and assessment forms. Adequate time was spent to enable them use the forms independently.

The course, which originally was planned to take four days, was extended to six days due to the slow rate of learning. A lot of time was spent answering many questions they asked. The volunteers were stimulated and challenged to utilise knowledge and skills they had gained in their day to day work in the community.

Due to the outstanding involvement of the CBR volunteers in the community work groups of older persons outside Bwaise are approaching them for guidance and inquiring about the possibility of joining their Association.

2.1.2 Cholera Outbreak

As reported in the previous quarter COMBRA lost clients as a result of the cholera epidemic. COMBRA staff and CBR volunteers became fully involved in reducing the incidence of cholera in the area. This was done through giving health education talks on causes and prevention of cholera during the house to house surveys. Families were given information on where to go for treatment in case of emergency. As a result many homesteads are now having better hygiene practices. The infected persons are taken to the hospital and the number of deaths due to cholera in the area has gone down tremendously.

2.1.3 Identification and Assessment

The modified assessment forms have proved to be very useful tools. A few villages have not been visited for identification due to the heavy rains, which keeps those areas flooded. So far **427 Clients** have been identified and assessments are being carried out concurrently. The Community Physiotherapist is in charge of the physical disabilities assessments while the Field Officer takes charge of the elderly client's assessments. The Mental Health trainer works together with an Occupational therapist to assess the clients with mental disabilities. The CBR volunteers work with one of the three COMBRA staff depending on which clients are to be visited. A CBR volunteer always has to work with a COMBRA staff in her own parish so that she is able to follow up the clients at the same time learns on job.

Below are the details of clients so far identified with appropriate interventions: -

Types of disabilities	Seeing Difficulties	Hearing & speaking difficulties	Moving difficulties	Strange behaviour/Mental illness	Epilepsy	Mental retardation	Multiple disabilities	Older persons	Others
By the end of December	20	20	61	1	4	33	71	56	-
Jan-Mar 1998	8	7	47	6	-	8	32	52	2
Total	28	27	108	7	4	41	103	108	2

2.1.4 Occupational Therapist

After realising the need of intervention of an Occupational therapist, we contacted the department of Occupational therapy in Mulago Hospital and discussed the possibility of referring our clients to the department. On considering a number of factors it was found cost effective to get an occupational Therapist right to the community once a week. This in the long run is giving better guidance. Her presence has also given much support to the on job training for the CBR volunteers and is filling the ever-challenging gap of mental retardation in Bwaise.

2.1.5 COMBRA Staff in Bwaise

COMBRA staff has done well in implementing the project activities. The Credit Specialist who started work during this quarter has come in with new ideas. She has made changes in the loan forms used in IGA's and she is indeed developing new systems for giving loans and loan recovery. The credit specialist has had orientation sessions with other agencies in the area in the field of Income generation. She is able to liase with

BDEA executive in selecting loan recipients. Presently she has been able to recommend changes in the interest rates. The credit specialist noted that 10 percent was more manageable if recovered in 6 months. If this covered in time, 20% would be recovered within one year.

She has carried out client loan counseling, giving talks on income generation and advice on how they can easily clear their loans. Together with the loan committee, she is involved in selecting loan recipients and is preparing group training for those to receive loans. The Credit specialist had a session with the ADF Finance Officer to train her in information systems needed by ADF as part of tracking loans.

The Field Officer's Kibwezi visit has not been effected this quarter because of the CBR training, identification of clients and construction of the community facility. Her visit will be carried out in the next quarter.

2.1.6 Preparations of the U.S President

As noted earlier COMBRA was one of the grantees, which were ear marked to host the U.S delegation. Preparations were made to host the USAID delegation and later the U.S Ambassador to COMBRA headquarters. After this the USAID group visited Bwaise CBR project.



COMBRA staff, CLO, BDEA and USAID staff pose with the US Ambassador

BDEA members spent many days preparing and practicing songs and dances to entertain the U.S President and his delegation during his visit to Uganda. It was indeed everybody's disappointment when he failed to visit our projects. All the same BDEA members were honoured to have their Vice-chairman the only person from Bwaise project to attend U.S President function as he addressed the nation.

2.1.7 COMBRA Trainees in Bwaise

The students have continued to have their field training in Bwaise. They visit the community once a week, whereby the two are allocated one client whom they assess and make an appropriate follow up plan of action. The COMBRA staff in Bwaise gives guidance and supervision to the trainees. The COMBRA staff in Bwaise also go to Seeta to facilitate the training programme for COMBRA. On completion of the community facility the Bwaise staff will carry out training sessions within Bwaise. This will give staff more opportunities to work with clients during practical training sessions.

2.1.8 Project Supervision

The Director COMBRA has carried out regular monitoring and supervision of Bwaise project. She has paid regular visits to the clients and attended meetings once a week in the community to check on construction. During her visits she has guided the staff on effective management of the project particularly, the importance of record keeping and adhering to the project work plan. Furthermore she has emphasised the important role of CBR volunteers and the need to sustain this programme in future. Project objectives are looked at regularly to ensure that the actors are in line with what is required of them.

2.0 ACTIVITIES FOR THE NEXT QUARTER

During the next quarter the following activities will be undertaken.

- Completion of the Community facility
- Completion of identification and assessment exercise
- Embarking on the interventions for each assessed client.
- IGA training course for the BDEA leaders, disabled clients, parents of children with disabilities, the elderly and Government extension workers.
- Sensitisation of the new community leaders.
- Networking and linkage with Government Ministry representatives and other NGO involved in the field of health and Income generation.

- Visit to Kibwezi project
- Referral and provision of assistive devices.

3.0 CONCLUSION

Although a number of National activities have had an effect on our activity plan COMBRA staff, CBR volunteers and BDEA members have tried their level best to implement the project activities as scheduled. With the CBR volunteers having received knowledge and skills for managing the different disabilities and the Credit specialist implementing all the new ideas brought in, the Bwaise staff have formed a strong team. COMBRA is challenged to perform better in the next quarter.

Prepared and signed by: *malangere*
Maria Kangere

Title: EXECUTIVE DIRECTOR

Date: 22 April 1998

AFRICAN DEVELOPMENT FOUNDATION

Disbursement Request

(Allow six weeks for processing)

(Complete both sides)

GENERAL INFORMATION

Grant No.: 1084 Project Name: BWAISE PROJECT
 Date Prepared: 15-04-98 Currency: UGANDA SHILLING
 ADF funds on hand today: 5,621,274
 Quarter Covered: from 1st-04-98 to 30-06-98

Line Item #	FUNDS REQUESTED Line Item Name	Amount
A1	Construction	11,000,000
A2	Furniture and Equipment	805,750
A3	Stationary and Supplies	497,625
A4	Wheel chains and Other devices	880,000
A5	Initial Stock of Medicine	822,938
A6	Clinic referrals	195,000
B1	Salary field officer	1,950,000
B2	Salary physiotherapist	3,300,000
B3	Salary credit specialist	2,182,500
B4	Salary C.B.E Volunteers	1,032,000
B5	Local travel costs	510,767
C1	C.B.R Training	816,675
C2	C.B.R Exchange Visit	2,090,000
C3	Technical Assistance	250,892
D2	Radio programmes	127,500
D3	T.V programmes	1,473,750
E1	Market Surveys	4,400,000
E2	Revolving loan fund	1,443,750
Total Amount Requested		33,809,147

Submitted by:

Malangere

Signature

MARIA KANARE

Name

DIRECTOR

Title

DISBURSEMENT INSTRUCTIONS & CERTIFICATION

(send funds to:)

Bank Name: Barclays Bank U. Ltd Kampala road branch	
Project Account Name: COMBRA Community	
Project Bank Account Number: 1101921	
Bank	16 Kampala road
Address:	P. O BOX 2971 Kampala
Bank Telex or FAX Number: 61014 and 61433	
Name of Contact Person at Bank: D. Wandera.	

THIRD PARTY DISBURSEMENTS

IF YOU ARE REQUESTING THAT THIS DISBURSEMENT BE MADE DIRECTLY TO A VENDOR, THE FOLLOWING MUST BE COMPLETED:

I authorize the funds herein requested to be paid by ADF on behalf

(Name of Grantee)

of out of available grant funds to the vendor shown above.

This payment is for items or services we have ordered from this vendor for use in carrying out the project described in our grant agreement with ADF. If the payment is to be made in a currency other than the currency in which the grant agreement is denominated, I agree that ADF may charge the grant at the exchange rate prevailing on the last day of the month in which the disbursement is made, as determined by ADF.

Signature

Title

JTE: Include any information needed by ADF about your request.

AFRICAN DEVELOPMENT FOUNDATION
Quarterly Financial Report - Periodic

Appendix C-1

Page 1

Grant No: 1089		Project Name: BWAISE PROJECT	
Prepared: 15-04-98		Currency:	
Quarter Covered: from 1st-01-98		to 31st-03-98	
1. ADF funds available at beginning of Quarter: (must equal line 6 of last report)		21,910,914	
2. Money received from ADF since last report:			
Date:	Amount:	-	
Date:	Amount:	-	
Date:	Amount:	-	
3. Total ADF funds available during this Quarter: (1+2)		21,910,914	
Show below the expenditures from ADF funds since last report:			
Line Item #	Line Item Name	Amount	
A1	Construction	7,488,100	
A2	Furniture and Equipment	60,000	
A3	Stationery	550,500	
A6	Clinic referrals	180,000	
B1	field officer salary	1,980,000	
B2	Physiotherapist salary	3,300,000	
B3	Credit specialist "	968,040	
B4	C.B.R Volunteers "	1,032,000	
B5	Local travel	168,200	
C1	C.B.R Training	393,300	
C3	Technical assistance	49,500	
D1	International field days	120,000	
4a. Sub-total of expenditures this side:		16,289,640	
4b. Sub-total of expenditures from other side:		-	
5. Total expenditures from ADF funds (4a + 4b):		16,289,640	
6. ADF funds on hand at end of the Quarter:		5,621,274	
7. Total ADF funds accounted for (must be the same as Line 3)		21,910,914	

Explain any problems or concerns on a separate sheet

AFRICAN DEVELOPMENT FOUNDATION

Quarterly Financial Report - Cumulative

Appendix C-2

Page ___ of ___

A	B	C	D	E	F	G
Line Item #	Line Item Name	Total ADF Project Budget	Previous Expenditures (Column F of Previous Report)	Expenditures this Quarter (Line 4 of Periodic Report)	Cumulative Expenditures (Column D+E)	Project Balance Remaining (Column C-F)
A1	Construction of Bursar's Clinic	22,000,000	-	7,488,100	7,488,100	14,511,900
A2	Furniture Equipment	6,446,000	-	60,000	60,000	6,386,000
A3	Stationery and Supplies	2,541,000	-	550,500	550,500	1,990,500
A4	Wheel Chairs	7,040,000	-	-	-	7,040,000
A5	Initial Stock of Medicine	6,583,500	-	-	-	6,583,500
A6	Clinic referrals	1,584,000	-	180,000	180,000	1,404,000
B1	Field office	7,920,000	-	1,980,000	1,980,000	5,940,000
B2	Physiotherapist	19,800,000	-	3,300,000	3,300,000	16,500,000
B3	Credit Specialist	8,730,000	-	968,040	968,040	7,761,960
B4	C.B.R Volunteers	6,325,000	-	1,032,000	1,032,000	5,293,000
B5	Local travel costs	6,129,200	-	168,200	168,200	5,961,000
C1	C.B.R Training	3,660,000	-	393,300	393,300	3,266,700
C2	C.B.R Exchange Visit	2,090,000	-	-	-	2,090,000
C3	Technical Assistance	3,060,200	-	49,500	49,500	3,010,700
D1	International field days	3,420,000	-	120,000	120,000	3,300,000
D2	Radio Programmes	1,020,000	-	-	-	1,020,000
D3	T.V programmes	8,842,500	-	-	-	8,842,500
Sub-total This Page:		117,191,400		16,289,640	16,289,640	100,901,760

Complete below if only one page required.

Signature: Malangore

MARIA RAWBERG 22.04.98

NICAN DEVELOPMENT FOUNDATION

Quarterly Financial Report - Cumulative

Appendix C-2

Page ___ of ___

A

B

C

D

E

F

G

Line Item #	Line Item Name	Total ADF Project Budget	Previous Expenditures (Column F of Previous Report)	Expenditures this Quarter (Line 4 of Periodic Report)	Cumulative Expenditures (Column D+E)	Project Balance Remaining (Column C-F)
E ₁	Market Surveys	4,400,000	-	-	-	4,400,000
E ₂	Revolving loan fund	11,550,000	-	-	-	11,550,000
F	Banking & Communication	2,194,500	-	-	-	2,194,500
Sub-total This Page:		18,144,500	-	-	-	18,144,500

Complete below if only one page required.

Signature: Mabwgere Name: MARIA KANGERE Date: 22.04.98

AFRICAN DEVELOPMENT FOUNDATION

Quarterly Financial Report - Cumulative
Summary Page

Appendix 2001

C

D

E

F

G

	Total ADF Project Budget	Previous Expenditures	Expenditures this Quarter	Cumulative Expenditures	Project Balance Remaining
SUB-TOTAL, PAGE 1	117,191,400	-	16,289,640	16,289,640	100,901,760
SUB-TOTAL, PAGE 2	18,144,500	-	-		18,144,500
SUB-TOTAL, PAGE 3					
SUB-TOTAL, PAGE 4					
SUB-TOTAL, PAGE 5					
SUB-TOTAL, PAGE 6					
SUB-TOTAL, PAGE 7					
SUB-TOTAL, PAGE 8					
SUB-TOTAL, PAGE 9					
GRAND TOTAL	135,335,900	-	16,289,640	16,289,640	119,046,260

Signature: *Malangore*

Name: MARIA KANBERE

Date: 22.04.98